

**COMPREHENSIVE HEALTH HISTORY**

PLEASE USE BLUE OR BLACK INK ONLY

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ ft \_\_\_\_\_ in Weight: \_\_\_\_\_ lbs

Primary Doctor Name and Address:

Preferred Pharmacy (Address/Phone):

\_\_\_\_\_  
 \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

**MEDICATIONS (prescribed and over the counter):**  *I take no medications*

Name of Medication	Dose	Reason

**ALLERGIES (i.e. medications, foods, other)**  *No Allergies*

Name of Allergy	Reaction (rash, swelling, stomach upset, etc.)

**METAL ALLERGIES:**  *No Allergies*  Yes \_\_\_\_\_ (List Metals)

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**MEDICAL HISTORY: Check all that apply**

**None Apply**

**PAST | CURRENT**

- Attention-deficit/hyperactivity (ADD/ADHD)
- Addiction problem
- Alcoholism
- Allergic rhinitis
- Anemia
- Anxiety
- Arthritis
- Asthma
- Atrial fibrillation
- Bleeding disorder
- Cancer  
Type/treatment: \_\_\_\_\_
- Cerebral palsy
- Congestive heart failure (CHF)
- Cirrhosis
- Clotting disorder
- Coombs positive
- Chronic obstructive pulmonary disease (COPD / chronic bronchitis)
- Deep vein thrombosis (DVT)
- Dementia
- Depression
- Diabetes: year diagnosed: \_\_\_\_\_  
Currently controlled with  
 Insulin  Oral medications  Diet
- Diabetic neuropathy:  
 Hands /  Feet
- Down syndrome
- Emphysema
- Gastric reflux
- Gastroesophageal reflux disease (GERD)
- Gout
- Headache
- Heart murmur
- Heart valve problem
- Hepatitis (A, B, or C)
- Hiatal hernia
- HIV/AIDS
- Hypercholesterolemia

**PAST | CURRENT**

- Hypertension / high blood pressure
- Inflammatory bowel disease
- Jaundice
- Kidney disease
- Kidney stones
- Kyphosis
- Meningitis
- Migraines
- MRSA infection / colonization
- Myocardial infarction (heart attack)
- Nerve / muscle disease
- Neurofibromatosis
- Neuropathy - peripheral:  
 Hands /  Feet
- Obesity
- Osteoarthritis
- Osteomyelitis
- Osteoporosis (brittle bones)
- Paralysis
- Pneumonia
- Pulmonary embolism
- Peripheral vascular disease (PVD)
- Raynaud's phenomenon
- Rheumatoid arthritis
- Scoliosis (spine / back curvature)
- Seizures
- Sickle cell anemia / trait
- Sleep apnea / obstructive
- Spina Bifida
- Stroke
- Substance abuse
- Thyroid disease
- Tuberculosis
- Ulcers (GI)
- Urinary tract infection (UTI / bladder infection)
- Varicella (chicken pox)
- Weight loss

Other: \_\_\_\_\_

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**PAST SURGICAL HISTORY:**       **No Prior Surgery**

Operation	Date	Surgeon/Hospital

Have you ever had general anesthesia?    No                       Yes  
 If YES, have you had any problems related to this?    No    Yes

Please explain any problems related to general anesthesia: \_\_\_\_\_  
 \_\_\_\_\_

**SOCIAL HISTORY:**

Work status:

Working    Homemaker    Unemployed    Disabled    On leave    Retired    Student

Occupation (If retired, former occupation) \_\_\_\_\_

Marital Status:    Single                       Married                       Divorced                       Widowed

Children    No    Yes, How Many? \_\_\_\_\_

Do you live alone? \_\_\_\_\_ If no, who lives with you? \_\_\_\_\_

Are you currently smoking? \_\_\_\_\_ If yes, how many packs a day? \_\_\_\_\_ For how many years? \_

Have you quit smoking? If so, when did you quit? \_\_\_\_\_ How many years did you smoke? \_\_\_\_\_

How many packs a day did you previously smoke? \_\_\_\_\_ Other forms of tobacco? \_\_\_\_\_

Alcohol Use    Never                       Rare                       Social                       Frequently (more than twice a week)

Alcoholic    Recovering Alcoholic

Illegal Drug Use    Never    In the past    Currently   Types of Drugs \_\_\_\_\_

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**FAMILY HISTORY:** *Check all that apply*       *None apply*

	Father	Mother	Brother	Sister	Son	Daughter	Other (Grandparent, etc) (Specify) _____
Heart Disease							
Scoliosis							
Kyphosis							
Spondylolisthesis							
Arthritis							
Seizure							
Bleeding Problems							
High Blood Pressure							
Stroke							
Gout							
Alcoholism							
Cancer							
Blood Clots							
Kidney Problems							
Diabetes							
Lung Problems							
Mental Illness							
Other _____							

Other Family History: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

**COMPREHENSIVE HEALTH HISTORY**

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**REVIEW OF SYSTEMS: (in the past 30 days have you experienced any of the following?)**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Fever            | <input type="checkbox"/> Sleep apnea (snoring)      | <input type="checkbox"/> Nausea             |
| <input type="checkbox"/> Chills           | <input type="checkbox"/> Hoarseness                 | <input type="checkbox"/> Vomiting           |
| <input type="checkbox"/> Weight loss      | <input type="checkbox"/> Cough                      | <input type="checkbox"/> Diarrhea           |
| <input type="checkbox"/> Weight gain      | <input type="checkbox"/> Trouble swallowing         | <input type="checkbox"/> Constipation       |
| <input type="checkbox"/> Vision changes   | <input type="checkbox"/> <b>Chest pain</b>          | <input type="checkbox"/> Hemorrhoids        |
| <input type="checkbox"/> Glasses/Contacts | <input type="checkbox"/> <b>Palpitations</b>        | <input type="checkbox"/> Stomach pain       |
| <input type="checkbox"/> Hearing loss     | <input type="checkbox"/> Swollen ankles             | <input type="checkbox"/> Urinary difficulty |
| <input type="checkbox"/> Dizziness        | <input type="checkbox"/> <b>Shortness of breath</b> | <input type="checkbox"/> Anxiety            |
| <input type="checkbox"/> Ear pain         | <input type="checkbox"/> Seasonal allergies         | <input type="checkbox"/> Hyperactivity      |
| <input type="checkbox"/> Nosebleeds       | <input type="checkbox"/> Skin rashes                | <input type="checkbox"/> Memory loss        |
| <input type="checkbox"/> Toothache        | <input type="checkbox"/> Swollen glands             | <input type="checkbox"/> Blackouts          |
| <input type="checkbox"/> Gum problems     | <input type="checkbox"/> Poor appetite              | <input type="checkbox"/> Headache           |

**I have not experienced any of the above symptoms in the last 30 days**

Other: \_\_\_\_\_

**FOR OFFICE USE ONLY**

I have read and confirmed the above information with the patient/family:

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_